



# NAMIBIA MOTOR SPORT FEDERATION

P O Box 5483  
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Namibia

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## NMSF Alcohol Testing Procedure

Competitors participating in any NMSF approved events will be subject to alcohol breath and/or blood testing at any time in-competition\* in accordance with the following procedure:

\*In-Competition = **for the purpose of the NMSF Medical Code**, the in-competition period is defined as the period commencing **12 hours before the competitor compete or practice for the first time during the event\*\***, ending **thirty (30) minutes after the allowed time for protests has lapsed\*\*\* in his/her class and category**. For the avoidance of doubt, the possession, use and consumption of alcohol during the awards ceremony is not considered a violation under the NMSF Medical Code **providing that the podium takes place at the end of the event**.

\*\*Event: an event is defined as a single sporting event (composed, depending on the discipline, of practice sessions, qualifying practice sessions and race(s), rounds, legs, heats or stages).

\*\*\* **or round, leg, heat or stage.**

1. Such testing will be undertaken by an approved NMSF Clerk of the Course, NMSF Steward or qualified CMO/CMC at the event using an NMSF approved testing device. At certain events, for example, those involving the use of public roads, the police may undertake such testing.
2. Testing will be performed with no prior notice.
3. Competitors will be selected randomly or at the discretion of the NMSF Clerk of the Course, NMSF Steward or NMSF Delegate.
4. **At least three or more Competitors will be tested at each event.**
5. At any time in-competition\* alcohol testing may be included as part of a special medical examination conducted at the request of the Race Director, Clerk of the Course, Jury President, Chief Steward in accordance with the NMSF Medical Code.
6. Following notification of selection for alcohol testing, the competitor must immediately attend the designated location for testing.
7. A refusal to undergo alcohol testing will be regarded for the purpose of the application of sanctions as identical to a test reading above the permitted threshold.



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**President** – D. Tjongarero, **Sec-General** – C. Liebenberg, **VP Motoring** – L. Sauls,  
**VP Motorcycling** – A. Brendel, **VP Touring** – W. Hugo, **Office Administrator/Secretary** – D. Jacobs

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8. Any competitor who refuses to submit himself to alcohol testing will be **automatically and immediately** excluded from further participation in, and disqualified from the event **by the disciplinary body responsible for applying disciplinary sanctions at the event. Such decision is final and may not be appealed against. Such automatic and immediate decision may not under any circumstances give rise to any claim from the competitor or any other affected party.** The details of the case will be notified immediately to **the NMSF by the disciplinary body responsible for applying disciplinary sanctions at the event.**  
**The competitor will also be automatically provisionally barred by the NMSF (Provisional Suspension) from participating in any competitions sanctioned by NMSF, until further notice pending the outcome of a disciplinary hearing referred to and held by the NMSF Disciplinary Committee and subject to its findings and without any further notification. Such automatic Provisional Suspension may not under any circumstances give rise to any claim from the competitor or any other affected party.**
9. Alcohol testing will normally take place in a suitable location with adequate facilities such as light and ventilation.  
**If the competitor smoked, the test needs to be postponed for 10 minutes after he/she smoked. The competitor shall refrain from smoking during this period.**
10. The alcohol testing device will be determined and provided by the NMSF.
11. The device will be calibrated in accordance with the manufacturer's instructions.
12. The alcohol test procedure will take place where possible in the presence of a witness.
13. The testing procedure and use of the device will be explained to the competitor.
14. The competitor will blow steadily into the mouthpiece until the device indicates that an adequate sample of breath has been obtained.
15. The test result displayed on the device will be shown to the competitor and recorded on the test record documentation.
16. The time of each test will also be recorded on the documentation.
17. The documentation will then be signed by the competitor and officials present at the test. Any refusal by a competitor to sign the documentation will be duly noted and recorded on the documentation but will not invalidate the result of the test.
18. The results and associated documentation will be forwarded to the NMSF Administration.
19. If the test reading is greater than the permitted threshold of 0.00g/L or 0.00% B.A.C, a confirmatory test will be performed following a **waiting period of fifteen minutes**



starting after the first result of the first test has been recorded. **If the first test reading is below or equal to 0.00g/L or 0.00% B.A.C, no further test will be conducted.**

20. The purpose of conducting a confirmatory test after a period of **fifteen** minutes in the event of a positive test is to ensure that any residual alcohol in the competitor's mouth from food, mouth wash etc. is no longer present in order to limit false positive results.
21. If the result of the confirmatory test is above the permitted threshold the competitor will be **automatically and** immediately excluded from further participation in, **and disqualified from** the event by the disciplinary body responsible for applying disciplinary sanctions at the event.  
Such decision is final **and may not be appealed against. Such automatic and immediate decision may not under any circumstances give rise to any claim from the competitor or any other affected party.** The details of the case will be notified immediately **by the disciplinary body responsible for applying disciplinary sanctions at the event** to the **NMSF.**  
**The competitor will also be automatically provisionally barred by the NMSF (Provisional Suspension) from participating in any competitions sanctioned by NMSF until further notice pending the outcome of a disciplinary hearing referred to and held by the NMSF Disciplinary Committee. Such automatic Provisional Suspension may not under any circumstances give rise to any claim from the competitor or any other affected party.**
22. If the result of the confirmatory test is below the permitted threshold no further action will be taken.