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SUPPLEMENTARY REGULATIONS X-Race Enduro/ 30 & 31 August 2019

NMSF Permit no: NMSF-PERM00195

FIM Permit no: IMN741/00

1. DEFINITION:

X-Race (Extreme Enduro)

2. SPONSOR OF THE DAY:

Monster, Engineering Centre, SatCom, Ultra Scales, Africa on wheels

3. ORGANIZATION:

The event is organized and promoted by **NamXSport**.
E-mail: enquiry@NamXSport.com

4. JURISDICTION

It will be held under the International Sporting Code of the Federation Internationale Motorcyclisme (FIM), the General Competition Rules (GCR's) and Standing Supplementary Regulations (SSR's) of the NMSF and these Supplementary Regulations, together with additional bulletins and amendments, and will be open to those competitors who are domiciled within the area of jurisdiction of the NMSF and who are holders of the appropriate license.



5. ENTRY COMPLIANCE WITH THE GENERAL COMPETITION RULES (GCR's) AND STANDING SUPPLEMENTARY REGULATIONS (SSR's):

Competitors are reminded that by entering the X-Race Enduro event, they are bound by the provisions of the relevant SSR's, GCR's and Sporting Codes and as such are deemed to know the relevant rules and regulations. Competitors are further reminded that the organizers, promoters, officials and NMSF are indemnified against any act or omission as per FIM AFRICA By-Laws and/or GCR's. Appeals and protests shall be in accordance with section 474 of the SSR's.

6. Entries:

6.1 Entries open immediately and close on Friday, 23 August 2019

6.2 Entry forms to be completed and e-mailed to:

E-mail: entries@namxsport.com

Cell no: +264 81 124 3522

6.3 **Payment must be in cash or EFT form, and proof of payment needs to reach us not later than Friday, 23 August 2019.**

6.4 **All riders must e-mail their entry forms and proof of payment to the organizers by no later than Friday, 23 August 2019.**

6.5 **Very important: All original forms and documentation to be brought and submitted to race control on race day at Elisenheim.**

Please note: No entry will be accepted unless submitted on the official entry form accompanied by the appropriate fee. (GCR - 100 & 101)

7. Banking details are as following:

Account Name: AB Racing

Nedbank of Namibia

Branch: Business Centre

Branch Code: 461 617

Acc. Number: 1100 0249 000

8. ENTRY FEE:

The entry fee will be as follows:

8.1 **N\$1 800** for all classes

8.2 Day Riders will have to pay a **NMSF One Event License fee of N200 and a Club membership fee of N\$100. Total N\$300.**

9. LATE ENTRY FEE

A late entry fee of **N\$200** will be charged to every competitor that enters after the closing date of **Friday 23 August 2019**.

10. LICENSES:

All participants / competitors must hold a valid NMSF/FMN competition license with starting permission. NMSF One Event license will be available / accepted.

11. INSURANCE

Competitors and crew members are covered for Public Liability under a master policy held by the Namibian Motor Sport Federation for an amount of N\$5 million, for the entire event (including scrutineering) until the posting of the final results, or prior retirement subject to policy terms and conditions.

In the event of a competitor causing damage to property, the excess will be payable by the entrant/competitor.

NMSF Policy No.: K0013810 (**Excess amount: N\$ 10,000**).

12. DOCUMENTATION

Checking of licenses and general documentation will take place from **11:00 to 13:00** on Friday, 30 August 2019 at **ELISENHEIM**.

PLEASE BE PUNCTUAL.

13. ACCEPTANCE OF RIDERS

Riders aged minimum 16 years, including riders turning 16 years in the same calendar year as the event, are eligible to participate, providing they hold a competition licence issued by the NMSF.

Junior riders 14 to 16 years of age will be allowed to compete in Bronze class if accompanied by a competent adult rider who accepts responsibility for that junior rider.

The junior rider is expected to remain with the adult rider and cross finish line together.

However, this a non-competitive group which will NOT score points within the Bronze class.

14. MOTORCYCLES

This Extreme Enduro is open to Enduro, Motocross, Trial and Free ride motorcycles. These motorcycles shall comply with the technical and safety rules laid down by the FIM/ FIM Africa and the NMSF. **No trials tyres allowed.**

15. CLASSES:

Bronze, Silver & Gold

16. VENUE & DIRECTION:

The event is held at Windhoek on Farm Elisenheim with an elevation of between 1550m and 2090m above mean sea level. GPS DMS Coordinates: 22°26'14"S 17°06'02"E.

Access to the track is NOT granted to any rider at all times. Failure to comply with this regulation may lead to disqualification.

FOOD AND DRINK WILL BE AVAILABLE AT THE VENUE

17. TECHNICAL INSPECTION (SELF SCRUTINEERING)

17.1 Technical inspection will take place from **11:00 to 13:00** on Friday, 30 August 2019 at **ELISENHEIM** and shall be in accordance with the Extreme Enduro rules and regulations. Bikes must be available for spot checks.

17.2 All motorcycles and riders' helmets and neck brace may be checked. Please ensure you have:

- A FIRST AID Kit
- Minimum of 1 litre water or drinking fluid in a Hydration Pack/Camel pack

Identification marks may be fixed to the motorcycle during this inspection. The Technical Stewards will check for the identification during the course of the event. The absence or falsification of this will result in exclusion.

17.3 All Motorcycles must:

- In addition to article 460 of the Namibian Extreme Enduro rules and regulations, be marked with either dark racing numbers on a white background or white racing numbers on a dark background and which are clearly legible from a distance of at least 40 meters. ***Any bike not complying in this regard will not pass Scrutineering and thus not be allowed to participate in the event.***
- Be fitted with ball-ended clutch and brake levers unless fitted with a suitable wrap-around protector.
- Be fitted with brakes operating on front and rear wheels.
- Be fitted with a self-closing throttle.
- Be fitted with adequate mudguards.
- Not have any fuel leaks.
- Not discharge exhaust gasses so as to raise dust or in any way inconvenience another motorcycle.
- Be fitted with folding foot pegs. Those machines not fitted with steering dampers and/or GPS fittings are recommended in the interests of safety, to fit a bar pad constructed of foam or sponge on the handlebars.

Riders must have a Hydration Pack/Camel pack with minimum 1 litre water and a medical kit containing at least the following items:

- Thermal blanket
- White cloth square with OK sign printed on one side and a red cross on the other side
- Small bottle with disinfectant liquid
- Wound dressing (assortment of plasters and roll of bandage)
- Pain killers

18. GPS AND ROUTE MARKING – MAIN RACE

The Bronze loop will be marked, and NO GPS shall be required. Silver & Gold classes are unmarked, and a GPS is required. GPS is the primary navigation aid for Silver and Gold classes

and is mandatory. A minimum of one GPS unit must be carried for navigation, we recommend two. For these classes, route marking will be kept to a bare minimum and only major junctions and deviations from the obvious track will be marked. Organizers are only able to upload the route to **GARMIN GPS units**.

The track log will be uploaded by officials during documentation. Competitors must present their GPS units cleared of all track logs and waypoints.

At the finish, GPS units must be handed in to Race Control for verification of route compliance. Failure to do so will result in disqualification. GPS tracking will be the only method of route compliance and verification. Failure to proof route verification via GPS tracking will result in disqualification. **The onus is on the riders to ensure their GPS is in good working condition. Failure of GPS is rider responsibility since the rider has to prove route compliance to the organisers.**

19. PROLOGUE: 30 AUGUST 2019

Short obstacle course that must be completed by every rider to determine starting order for the main race. Classes will battle individually.

20. MAIN RACE: 31 August 2019

Bronze: Loop 1
Silver: Loop 1 & 2
Gold: Loop 1, 2 & 3

Each loop is approximately 40km. Overall race time estimated at 9 hours. Start/finish and pit area will be at one central point at Elisenheim. Riders will only score in the class intended.

21. PIT AREA

Refuel and water points will be provided on the route. The designated points will be indicated on the GPS map with waypoints.

22. OFFICIALS

NMSF steward:	Derek Jacobs	Namibia	(NMSF 001/18)
Race Director:	Andreas Brendel	Namibia	(FIM Africa_1006/16)
Jury President:	Gillian Dykes	MSA	(FIM_12811)
Clerk of the Course:	Pieter de Haan	Namibia	(FIM Africa_1007/16)
Chief Medical Consultant:	Wilhelm van Niekerk	Namibia	(FIM Africa_1010/16)
Chief Timekeeper:	Magda de Haan	Namibia	(FIM Africa_1008/16)
Foreign Jury Member:	Anne Troughton	Kenya	(FIM Africa_951/16)
Chief Marshal:	Corne Visser	Namibia	
Chief Scrutineer	Claude Brendel	Namibia	
Circuit GPS Support:	Hannes Van Schalkwyk	Namibia	
Events Secretary:	Claire Brendel	Namibia	

23. RACE PROGRAMME: (Prologue) Friday, 30 August 2019

Documentation	11:00 – 13:00
Technical Control/Scrutineering	11:00 – 13:00

1st Jury Meeting	13:30 – 14:00
Rider's briefing	15:00 – 15:30
Practice	16:00 – 17:30
Start of prologue	18:30
Completion of prologue	20:30
Results/starting order	21:00
2nd Jury Meeting	21:30

The above may be amended in the final instructions which will be posted on the official notice board.

24. RACE PROGRAMME: (Main Race) Saturday, 31 August 2019

3rd Jury Meeting	06:30
Start of first Motorcycle (Gold)	07:30
Start of first Motorcycle (Silver)	07:45
Start of first Motorcycle (Bronze)	09:00
Cut off Time	15:30
Time Bar	18:00
Posting of Results (Provisional)	18:30
4th Jury Meeting	19:00
Prize Giving	20:00

The above may be amended in the final instructions which will be posted on the official notice board.

25. RESULTS:

Provisional results will be posted at 18h30 and will be available at the venue.

26. PRIZE GIVING:

The prize giving will commence at 20:00 **at the venue**.

27. ANTI-DOPING CODE:

The NMSF subscribes to the provisions of the World Anti-Doping Authority (WADA) and as such all competitors are bound by WADA rules and regulations, in respect of performance enhancing and use of banned substances during this X-Race event. Random drug testing may be demanded from time to time as directed by WADA, and all competitors must comply if so requested.

Any competitor taking any drug for therapeutic purposes, such as asthma, hay fever, ADD, etc. and which contains substances that are included on the WADA prohibited list, must obtain a Therapeutic Use Exemption, prior to entering this competition and submit with their entry at Official Documentation. Confirm medication use at <http://www.drugfreesport.org.za/online-medication-check/>.

28. MEDICAL FITNESS:

In terms of FIM Africa Medical Code the following shall apply:

- a) A Rider / competitor who sustained moderate to serious injuries e.g. fractures (broken bones), concussions, back injuries, etc. will have to provide at race entry a clearance certificate from a medical doctor declaring the rider fit to participate in this event following the injury.
- b) Riders aged over 50 years must provide at race entry a certificate of medical fitness as defined in the Medical Code of FIM.

The medical fitness and clearance certificate shall be in accordance with the Medical Code of FIM Africa, which can be obtained from <http://www.fim-africa.com/medical> .

29. ALCOHOL CONSUMPTION:

A NO TOLERANCE policy is maintained with regard to alcohol consumption by anyone present in the pit area. This includes mechanics, crew, representatives, supporters, family and friends. The competitor, or in the case of a minor, his/her representative, shall be responsible for the people in their pit area. If anyone is caught consuming alcohol or being under the influence of alcohol in the pit area, it might result in immediate disqualification of the rider/competitor. This will apply even if you have finished the event.

Anybody having consumed any amount of alcohol outside the pit area is strongly advised to stay outside the pit area in order to avoid being penalized.

There will be a breathalyser present at the event and breath alcohol tests may be conducted in a random fashion by the Chief Medical Officer at the discretion of the Clerk of the Course. The CoC may also have any individual rider, competitor, crew member and representative suspected of being under the influence of alcohol, tested by the CMO.

IF THE BREATH ALCOHOL TEST INDICATES ANY PRESENCE OF ALCOHOL, THE RIDER/COMPETITOR WILL BE EXCLUDED FROM THE RACE.

30. INTERFERING WITH OFFICIALS IN THE CONTROL ZONES:

A NO TOLERANCE policy, which includes the possible exclusion of a rider, will be maintained with regard to abusive behaviour aimed at event officials by a rider or parent/entrant/crew/friends belonging to such rider. This includes interfering with race officials performing their duties, such as in the time keeping area, starting area, control zones, etc.

31. VEHICLE TRAFFIC IN THE PIT AREA:

No cars and trucks, except for race control and medical support, will be allowed to drive around in the pit area. It is therefore recommended that spectators, family, support crew, etc. park their cars outside the pit area at the exit route.

32. CLASSES:

Bronze, Silver & Gold

33. FUEL:

Only local pump fuel is permitted with a maximum octane rate of 102.6. Fuel will NOT be available at the circuit.

34. RIDER'S BRIEFING:

A compulsory Rider's Briefing will be held prior to the start of the event, at which time any specific instructions and issues pertinent to the day's competition will be explained. Riders may seek clarification from the organisers on any points that are not clear to them, at this time. All riders must attend the Rider's Briefing and sign the attendance register. Failure to attend the rider's briefings will result in exclusion.

35. STARTING ORDER

Determined by the Prologue on 30 August 2019. Prologue is class specific.

36. START PROCEDURE

- 36.1 The starting area is a designated area where the riders await the starting signal and where the starting line is situated at one extremity.
- 36.2 Repairing a motorcycle in that area is not permitted until the starting signal is given. The penalty for doing so is disqualification. If the designated service (pit) area is not located after the starting line a designated repair zone will be provided for repairs immediately after the starting line.
- 36.3 Any rider caught smoking in the starting area will receive a 15-minute time penalty.
- 36.4 Only Jury members and officials designated in the Supplementary Regulations, and the riders waiting for the start, are permitted access to the starting area. The organizer and the Jury will decide whether representatives of the press are permitted access to the starting area and will specify the number allowed and under which conditions.
- 36.5 No other persons are allowed into the starting area.
- 36.6 No assistance may be given in the starting area. The penalty for breaking this rule is a 15-minute time penalty.
- 36.7 It is forbidden to start the engine of the motorcycle in the waiting zone of the starting area. The penalty for doing so is 1 minute.
- 36.8 It is also forbidden to start the engine on the starting line before the starting signal is given. The penalty for doing so is 1 minute.

37. RIDING GEAR

All competitors must wear protective clothing. It is strongly recommended for riders to wear neck braces and chest protectors.

38. CELL PHONES:

Riders are urged to carry a cell phone during the race. Network coverage is available at least in most of the high lying areas on all route sections. Immediate cell phone communication or even SMS promotes timely and effective rendering of assistance by medical support and race control.

39. RIDING NUMBERS:

Racing Numbers as allocated to the riders **must be stated on Entry Form.** Should 2 Riders or more have the same racing number, the organizer will allocate a new number or prefix to the entrant.

If any rider does not adhere to this rule, he/she will be allocated with numbers from the organizers at a cost of N\$100. Apply article 460 of the Namibian Extreme Enduro SSR's.

40. POINTS SCORING

No points will be awarded to riders since this event does not form part of the national championships.

41. PRIZES AND AWARDS

41.1 Prologue:

1st, 2nd and 3rd places, for GOLD Class only (Podium with bragging rights)

41.2 Main Race:

Trophies and prize money will be awarded for 1st, 2nd and 3rd positions in all classes. Medals will be awarded to all finishers.

42. ENVIRONMENTAL MATTERS:

Every competitor is encouraged to enjoy, to the fullest extent, their race in Namibia without leaving damaging footprints.

Oil disposable bins will be provided at the venue, please make use of them.

Rubbish bags will be issued at documentation, please keep this country clean.

Noise: Silencers on motorcycles must be in good working order. Noise must be kept to a minimum.

NATURE IS AND MUST REMAIN THE HERITAGE OF HUMANITY WHICH WE MUST PROTECT.

43. ADDITIONAL INFORMATION

- **Food and Drinks available at the venue.**
- **Accommodation is available at venue.**